



theLAB EXPERIENCE IS WELLNESS

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theLAB Precious moments Couples Massage

Indulge in a personalised, side by side, bespoke massage with that special someone in your life. Tailored to your needs

R1700 | R2100
60 min | 90 min
per couple

theLAB Hydrating Facial

A deep-cleansing facial customised to gently remove surface impurities followed by a personalised mask while utilizing specially aromatic botanicals for restoring balance to the skin whether hydrating, balancing or anti-aging.

60 min | R800

theLAB Wellness Massage

Relaxing massage concentrates on well being using natural oils with medium pressure to improve blood circulation.

60 min | 90 min
R800 | R900

theLAB Deep Tissue Massage

This deep tissue massage treatment with very firm pressure using deep manipulating and invigorating movements as well as specific muscle treating massage oils to ease muscle aches and pains.

60 min | 90 min
R900 | 1050

Terms and conditions

Booking in advance is recommended to avoid any disappointment | Late arrival will result in a reduction of treatment time, while full treatment fee will apply | We recommend clients to arrive 10 min prior to their treatment(s) | Spa vouchers are available and are valid for 6 months from the date of purchase. The original voucher must be presented on arrival at reception | No person under the age of 12 allowed in the Spa | 24 hour cancellation or 50% of the treatment would be charged | Kindly turn off all cellular telephones. Refrain from loud conversation/s as treatment might be in progress | No smoking policy is applicable.